Letter from the General Manager

The City of Los Angeles Department of Aging is once again pleased to present its Program and Service Provider Directory for seniors and caregivers. It is indeed our hope that you find the Directory useful.

The Directory provides information about various senior and caregiver services provided within the City, including the locations and telephone numbers to senior centers and community services. It outlines many other excellent programs offered to seniors and provides a list of caregiver resources in addition to emergency help contact phone numbers.

The Department is honored to be able to serve you and is thankful for your continued support of our City programs and services.

Sincerely,

LAURA TREJO
General Manager
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LOCAL COMMUNITY SERVICES

There are sixteen (16) multipurpose senior centers (MPC) and over 100 community dining centers throughout the City of Los Angeles. These centers serve as community focal points for senior services. Services provided at each MPC include the programs and services listed below.

If you feel that you need any of these services, or if you are interested in finding out about older adult services and activities in your community, please call the MPC in your area; zip codes are listed, starting on page 4.

CARE MANAGEMENT

Is designed to assess the social and health needs of frail seniors, to develop a care plan to meet these needs and to ensure that the care plan works as designed.

INFORMATION AND ASSISTANCE

Is designed to provide seniors and caregivers with information about the different services and programs available, and to link seniors who need assistance to appropriate services.

IN-HOME SERVICE

Is designed to assist frail seniors in maintaining independent living by providing assistance with heavy household tasks, cooking, shopping or light housekeeping, and providing friendly visits.

NUTRITION SERVICES

All meals are designed to meet a minimum of one-third of the Recommended Daily Dietary Allowance Requirement as well as meet the varied tastes of the City’s diverse ethnic communities.

COMMUNITY DINING CENTERS

Hot, nutritious meals are provided five days a week, in over 100 community dining center locations throughout the City. These meals are available to any senior who wishes to participate. Donations are encouraged; however, no one is turned away because of an inability to contribute.

Each of the fifteen service areas listed on the following pages has one agency administering the nutrition program for that area (the MPC) and numerous dining center locations within that area from which to choose.

HOME-DELIVERED MEALS

The Home-Delivered Meals program delivers one-hot, nutritious meal daily, 5 days a week, to participating homebound seniors who, because of physical or mental disability, are unable to attend a community dining center location.
LISTING OF COMMUNITY SERVICE CENTERS

The following pages list the Multipurpose Senior Centers (MPC) and community dining centers throughout the City.

To identify which center serves your area, use the MPC and Zip Code list on the next pages.
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<td>8</td>
<td>Wilkinson</td>
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<td>10</td>
<td>Alicia Broadus-Duncan</td>
<td>North Valley</td>
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<td>16</td>
<td>ONEgeneration</td>
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<td>Sherman Oaks/East Valley</td>
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<td>Single Room Occupancy</td>
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<td>People Coordinated Services (PCS)</td>
<td>Southwestern</td>
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<td>33</td>
<td>Bradley</td>
<td>South Los Angeles</td>
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<tr>
<td>37</td>
<td>Wilmington</td>
<td>Harbor</td>
</tr>
</tbody>
</table>

* Zip Codes having more than one Center  ** Zip Codes overlap into other cities  *** Zip Codes overlap into other cities and have more than one Center

MPCs only provide services to those residing within the Los Angeles City limits.
NORTHWEST VALLEY

ROBERT M. WILKINSON MULTIPURPOSE SENIOR CENTER Ph: (818) 756-7741
MPC Director: Marianne Ybarra Fax: (818) 756-9747
8956 Vanalden Avenue
Northridge, CA 91324
Nutrition Director: Tammy Reese Ph: (818) 885-5144
Executive Director: Marianne Ybarra Ph: (818) 885-5220

DINING CENTERS:

Community Integrated Services Ph: (818) 772-1155
10100 Balboa Blvd.
Granada Hills, CA 91344
Meal Time: 12:00 PM

St. Stephen Church Ph: (818) 360-7460
20121 Devonshire Blvd.
Chatsworth, CA 91311
Meal Time: 12:00 PM

Wilkinson MPC Ph: (818) 885-5144
8956 Vanalden Avenue
Northridge, CA 91324
Meal Time: 11:30 AM

Plummer Village Senior Dining Center Ph: (818) 893-5344
15450 Plummer Street
North Hills, CA 91324
Meal Time: 11:30 AM

Valley United Methodist Korean Church Ph: (818) 366-2362
10408 Balboa Blvd.
Granada Hills, CA 91344
Meal Time: 11:30 AM

Corporate Office—SFVIC: San Fernando Valley Interfaith Council, Inc.
Beverly Ventris, President & CEO
13300 Victory Boulevard, #354
Van Nuys, CA 91401
Ph: (818) 880-4842
Fax: (818) 880-6011
NORTHEAST VALLEY

ALICIA BROADOUS-DUNCAN MULTIPURPOSE SENIOR CENTER........Ph: (818) 834-6100
MPC Director: Pat Austin Fax: (818) 834-6108
11300 Glenoaks Blvd.
Pacoima, CA 91331

Nutrition Director: Tammy Reese.................................................................Ph: (818) 834-6100 x129
Fax: (818) 834-6410

DINING CENTERS:

Alicia Broadous-Duncan MPC .................................................................Ph: (818) 834-6100
11300 Glenoaks Blvd.
Pacoima, CA 91331
Meal Time: 11:30 AM

Olive Manor .............................................................................................Ph: (818) 833-0298
13115 Bromont Avenue
Sylmar, CA 91342
Meal Time: 11:30 AM

Sunland Senior Center .................................................................Ph: (818) 353-9571
8640 Fenwick Street
Sunland, CA 91040
Meal Time: 11:30 AM

Burns Manor Senior Dining Center ..................................................Ph: (818) 352-8715
8155 Foothill Blvd.
Sunland, CA 91040
Meal Time: 11:30 AM

Corporate Office—SFVIC: San Fernando Valley Interfaith Council, Inc.
Beverly Ventriss, President & CEO
13300 Victory Boulevard, #354
Van Nuys, CA 91401
Ph: (818) 880-4842
Fax: (818) 880-6011
SOUTHEAST VALLEY

SHERMAN OAKS/EAST VALLEY ADULT CENTER.................................................. Ph: (818) 981-1284
MPC Director: Ileene Parker Fax: (818) 981-1637
5056 Van Nuys Blvd.
Sherman Oaks, CA 91403

Nutrition Director: Nick Milfeld ................................................................. Ph: (818) 981-1284
Fax: (818) 834-6410

DINING CENTERS:

Valley Storefront............................................................ Ph: (818) 984-1380
12821 Victory Blvd.
North Hollywood, CA 91606
Meal Time: 11:30 AM

Van Nuys/Sherman Oaks Senior Center ......................................... Ph: (818) 981-1284 x247
5056 Van Nuys Blvd.
Sherman Oaks, CA 91403
Meal Time: 12:00 PM

Corporate Office—SFVIC: San Fernando Valley Interfaith Council, Inc.
Beverly Ventriss, President & CEO
13300 Victory Boulevard, #354
Van Nuys, CA 91401

Mailing Address:
13300 Victory Boulevard, #354
Van Nuys, CA 91401

Ph: (818) 880-4842
Fax: (818) 880-6011
BERNARDI MULTIPURPOSE SENIOR CENTER
MPC Director: Stephanie Galloway
6514 Sylmar Avenue
Van Nuys, CA 91401
Ph: (818) 781-1101
Fax: (818) 909-7547
Nutrition Director: Nick Milfeld
Ph: (818) 781-1101
Fax: (818) 834-6410

DINING CENTERS:

Bernardi MPC
6514 Sylmar Avenue
Van Nuys, CA 91401
Meal Time: 11:30 AM
Ph: (818) 901-0111

Casa Panorama
14555 Osborne Street
Panorama City, CA 91402
Meal Time: 11:30 AM
Ph: (818) 893-8880

Fickett Towers
14801 Sherman Way
Van Nuys, CA 91405
Meal Time: 11:30 AM
Ph: (818) 988-8628

Mid-Valley Senior Citizen Center
8801 Kester Avenue
Panorama City, CA 91402
Meal Time: 11:30 AM
Ph: (818) 892-0892

Montecito Terrace Senior Apartment
14726 Blythe Street
Panorama City, CA 91402
Meal Time: 11:30 AM
Ph: (818) 781-1045

Simpson Apartments
7541 Simpson Avenue
North Hollywood, CA 91606
Meal Time: 12:00 PM
Ph: (818) 765-3182

Corporate Office—SFVIC: San Fernando Valley Interfaith Council, Inc.
Beverly Ventress, President & CEO
13300 Victory Boulevard, #354
Van Nuys, CA 91401
Ph: (818) 880-4842
Fax: (818) 880-6011
SOUTHWEST VALLEY

ONEGENERATION SENIOR ENRICHMENT CENTER .................................................. Ph: (818) 705-2345
MPC Director: Jenna Hauss Fax: (818) 705-2592
18255 Victory Blvd.
Reseda, CA 91335

Nutrition Director: Dolores Freeman ................................................................. Ph: (818) 708-6616
Home-Delivered Meals ................................................................. Ph: (818) 708-6624
17400 Victory Blvd. Fax: (818) 708-9497
Van Nuys, CA 91406

DINING CENTERS:

Canoga Park Senior Center ................................................................ Ph: (818) 992-8094
7326 Jordan Avenue
Canoga Park, CA 91303
Meal Time: 12:00 PM

Mark Taper Intergenerational Day Care Center (J.O.Y.) .......................... Ph: (818) 708-6616
17400 Victory Blvd.
Van Nuys, CA 91406
Meal Time: 12:00 PM

ONEgeneration Senior Enrichment Center ................................................ Ph: (818) 996-1909
18255 Victory Blvd.
Reseda, CA 91335
Meal Time: 12:00 PM

Owensmouth Gardens ................................................................ Ph: (818) 347-3336
6300 Owensmouth Avenue
Woodland Hills, CA 91367
Meal Time: 12:00 PM
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Map updated by DPW/BOE/GIS Mapping Division 7/2016

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WESTSIDE

FELICIA MAHOOD MULTIPURPOSE SENIOR CENTER.................................................. Ph: (310) 479-4119
MPC Director: Shelia Moore
11338 Santa Monica Blvd.
Los Angeles, CA 90025

Nutrition Director: Diane Schneider ................................................................. Ph: (323) 937-5843
330 N. Fairfax Avenue
Los Angeles, CA 90036

DINING CENTERS:

Felicia Mahood MPC................................................................. Ph: (310) 479-4119
11338 Santa Monica Blvd.
Los Angeles, CA 90025
Meal Time: 11:15 AM

Israel Levin Senior Center ................................................................. Ph: (310) 396-0205
201 Ocean Front Walk
Venice, CA 90291
Meal Time: 11:30 AM

Oakwood Recreation Center................................................................. Ph: (310) 452-7479
767 California Avenue
Venice, CA 90291
Meal Time: 11:30 AM

OPICA Adult Day Care Center ................................................................. Ph: (310) 478-0226
11759 Missouri Avenue
Los Angeles, CA 90025
Meal Time: Noon

Japanese Institute of Sawtelle................................................................. Ph: (310) 479-2477
2110 Corinth Avenue
Los Angeles, CA 90025
Meal Time: 11:30 AM
NORTHSIDE

ST. BARNABAS HOLLYWOOD MPC ................................................................. Ph: (323) 957-2222
Director: Diana Garcia Fax: (323) 957-2210
5170 W. Santa Monica Blvd.
Los Angeles, CA 90029

Echo Park MPC ......................................................................................... Ph: (213) 413-0508
1021 N. Alvarado St.
Los Angeles, CA 90026
Meal Time: 12:00 PM

DINING CENTERS:

Atwater Baptist Church ........................................................................ Ph: (213) 700-0953
3370 Perlita Avenue
Los Angeles, CA 90039
Meal Time: 12:00 PM

Braille Institute ......................................................................................... Ph: (323) 700-0933
741 N. Vermont Avenue
Los Angeles, CA 90029
Meal Time: 11:15 AM

Chevy Chase Recreation Center ......................................................... Ph: (213) 700-0963
4165 Chevy Chase Blvd.
Los Angeles, CA 90039
Meal Time: 12:00 PM

Griffith Park Adult Community Center (GPACC) ........................ Ph: (213) 434-0576
3203 W. Riverside Drive
Los Angeles, CA 90027
Meal Time: 12:00 PM

Las Palmas Senior Center ................................................................. Ph: (213) 700-0899
1820 N. Las Palmas Avenue
Los Angeles, CA 90028
Meal Time: 12:00 PM

Lithuanian Cultural Center ................................................................. Ph: (213) 700-0924
3356 Glendale Blvd.
Los Angeles, CA 90039
Meal Time: 12:00 PM

St. Barnabas Hollywood MPC ................................................................. Ph: (323) 957-2222 x112
5170 W. Santa Monica Blvd.
Los Angeles, CA 90029
Meal Time: 12:00 PM
WEST WILSHIRE

FREDA MOHR MULTIPURPOSE SENIOR CENTER.......................................................... Ph: (323) 937-5900
MPC Director: Susan Belgrade Fax: (323) 857-1872
6310 San Vicente Blvd., Ste 275, Los Angeles, CA 90048

Nutrition Director: Diane Schneider ................................................................. Ph: (323) 937-5843
Fax: (323) 857-1872

DINING CENTERS:

Claude Pepper Senior Center ........................................................................ Ph: (310) 204-6707
1762 La Cienega Blvd.
Los Angeles, CA 90035
Meal Time: 11:30 AM

Fairfax Senior Center .................................................................................... Ph: (323) 653-1824
7929 Melrose Avenue
Los Angeles, CA 90036
Meal Time: 10:45 AM

Hirsh Family Café .......................................................................................... Ph: (323) 937-5843
6310 San Vicente Blvd., Ste 275, Los Angeles, CA 90048
Meal Time: 11:00 AM

Pan Pacific Senior Center ............................................................................. Ph: (323) 938-8612
141 S. Gardner Street
Los Angeles, CA 90036
Meal Time: 11:30 AM

Pico Wooster ................................................................................................. Ph: (310) 276-9322
1425 S. Wooster Street
Los Angeles, CA 90035
Meal Time: 11:00 AM
CITY

ST. BARNABAS MULTIPURPOSE SENIOR CENTER ................................................. Ph: (213) 388-4444
MPC Director: Gordon Gibb ............................................................. Fax: (213) 739-2972
675 S. Carondelet Street
Los Angeles, CA 90057

Director of Social Services & Transportation: Gordon Gibb ......................... Ph: (213) 388-4444 x208
Nutrition Director: Josie Tuazon .......................................................... Ph: (213) 388-4444 x222

DINING CENTERS:

Angelus Plaza Senior Housing ................................................................ Ph: (213) 623-4352 x340
255 S. Hill Street, 4th Floor Cafeteria
Los Angeles, CA 90012
Meal Time: 11:30 AM

Crescent Arms ........................................................................................ Ph: (213) 483-2767
1709 W. 8th Street
Los Angeles, CA 90017
Meal Time: 11:30 AM

Keungama Tofu House ................................................................................ Ph: (213) 387-5334
3020 Wilshire Blvd., Unit 119
Los Angeles, CA 90010
Meal Time: 11:00 AM

St. Barnabas MPC ..................................................................................... Ph: (213) 388-4444 x217
675 S. Carondelet Street
Los Angeles, CA 90057
Meal Time: 11:15 AM

Steel Plaza ................................................................................................. Ph: (213) 484-8553
1711 W. 3rd Street
Los Angeles, CA 90017
Meal Time: 11:00 AM

The Golden Dragon Restaurant ................................................................. Ph: (213) 626-2039
960 N. Broadway
Los Angeles, CA 90012
Meal Time: 11:45 AM
EASTSIDE

Mexican American Opportunity Foundation (Interim Contractor) ..........Ph: (323) 526-9344
MPC Director: Elizabeth Jimenez
2130 E. 1st St., Suite 2200
Los Angeles, CA 90033

Nutrition Director: .................................................................Ph: (213)228-3394

DINING CENTERS:

Boyle Heights .................................................................Ph: (323) 264-5757
2839 E. 3rd Street
Los Angeles, CA 90042
Meal Time: 11:00 AM

El Sereno Senior Center ..................................................Ph: (323) 222-2040
4818 E. Klamath Place
Los Angeles, CA 90032
Meal Time: 11:00 AM

Glassell Park Community/Senior Center ..................................Ph: (323) 255-3117
3750 Verdugo Road
Los Angeles, CA 90065
Meal Time: 11:30 AM

Highland Park Senior Center ............................................Ph: (323) 256-6866
6152 N. Figueroa Street
Los Angeles, CA 90042
Meal Time: 11:45 AM

Lincoln Heights Senior Center ...........................................Ph: (323) 225-9339
2323 Workman Street
Los Angeles, CA 90031
Meal Time: 11:15 AM

Montecito Heights Senior Center .......................................Ph: (323) 485-8549
4545 Homer Street
Los Angeles, CA 90031
Meal Time: 12:00 PM, Monday and Wednesday ONLY

Costello Senior Citizen Center ...........................................Ph: (213) 485-9143
3121 E. Olympic Blvd.,
Los Angeles, CA 90023
Hours of Operation:
9am to 5pm
PEOPLE COORDINATED SERVICES (PCS) - WEST ADAMS
MULTIPURPOSE SENIOR CENTER

MPC Director: Vergie Walker
2528 West Blvd.
Los Angeles, CA 90016

Nutrition Director: Valerie Evans

Ph: (323) 735-5799
Fax: (323) 735-6306

DINING CENTERS:

George & Helen Thomas Center
2475 Washington Blvd.
Los Angeles, CA 90018
Meal Time: 11:30 AM
Ph: (323) 734-9091

Independent Square
2455 S. St. Andrews Place
Los Angeles, CA 90018
Meal Time: 11:30 AM
Ph: (323) 617-6811

PCS West Adams MPC
2528 West Blvd.
Los Angeles, CA 90016
Meal Time: 12:00 PM
Ph: (323) 735-5799

Seinan Recreation Center
3116 W. Jefferson Blvd.
Los Angeles, CA 90018
Meal Time: 11:00 AM
Ph: (323) 734-2175

Ward Villa
1177 W. Adams Blvd.
Los Angeles, CA 90007
Meal Time: 11:30 AM
Ph: (213) 745-5075
SINGLE ROOM OCCUPANCY (SRO) CORPORATION ........................................Ph: (213) 229-9672
MPC Director: Victor Constantino                      Fax: (213) 299-2834
1055 W. 7th St. Suite 3250
Los Angeles, CA 90017

Nutrition Director: Gary Phillips............................................................Ph: (213) 229-9679 x354
400 E. 5th Street                      Fax: (213) 299-9670
Los Angeles, CA 90013

DINING CENTERS:

Ellis Hotel ............................................................Ph: (213) 572-0501
802 E. Sixth Street
Los Angeles, CA 90021
Meal Time: 11:30 AM

James Wood Community Center ..................................................Ph: (213) 229-9684
400 E. Fifth Street
Los Angeles, CA 90013
Meal Time: 12:00 PM
CENTRAL

THERESA LINDSAY MULTIPURPOSE SENIOR CENTER ........................................ Ph: (323) 846-1920
MPC Director: Phyllis Willis       Fax: (323) 846-1930
429 E. 42nd Place
Los Angeles, CA 90011

Nutrition Director: Lone Hall ................................................................. Ph: (323) 923-1006
Food Production Location      Fax: (213) 923-2752
10957 S. Central Avenue
Los Angeles, CA 90059

DINING CENTERS:

Angelica Lutheran Church ..................................................................... Ph: (213) 382-6378
1345 S. Burlington Avenue
Los Angeles, CA 90006
Meal Time: 11:30 AM

Figueroa Senior Housing ...................................................................... Ph: (213) 905-8131
5503 So. Figueroa Street
Los Angeles, CA 90037
Meal Time: 11:30 AM

Little Tokyo Nutrition Center ......................................................... Ph: (213) 473-1602
455 E. Third Street
Los Angeles, CA 90012
Meal Time: 11:30 AM

Slauson Park .................................................................................... Ph: (323) 233-1174
5306 S. Compton Avenue
Los Angeles, CA 90011
Meal Time: 11:30 AM

Theresa Lindsay Multipurpose Senior Center .................................... Ph: (323) 846-1920
429 E. 42nd Place
Los Angeles, CA 90011
Meal Time: 11:30 AM

Villa De La Esperanza ........................................................................ Ph: (213) 749-4327
1401 S. Hope Street
Los Angeles, CA
90012 Meal Time: Tu,
Wed Thur: 11:30 AM
SOUTH LOS ANGELES

BRADLEY MULTIPURPOSE SENIOR CENTER ................................................................. Ph: (323) 346-7356
MPC Director: Phyllis Willis
10957 S. Central Avenue
Los Angeles, CA 90059

Nutrition Director: Lone Hall ................................................................. Ph: (323) 346-7356

Estelle Van Meter ................................................................. Ph: (323) 305-1711
Program Manager: George Calderon
606 E. 76th Street
Los Angeles, CA 90011
Meal Time: 11:30 AM

DINING CENTERS:

Alice Manor Senior Housing ................................................................. Ph: (323) 567-4709
10325 Grandee Avenue
Los Angeles, CA 90002
Meal Time: 11:30 AM - 12:30 PM

Bernice Watkins Dining Center ................................................................. Ph: (323) 346-7356
10957 S. Central Avenue
Los Angeles, CA 90059
Meal Time: 11:30 AM

Normandie Apartments ................................................................. Ph: (844) 829-4090
6301 S. Normandie Avenue
Los Angeles, CA 90044
Meal Time: 11:30 AM

St. Lawrence Church ................................................................. Ph: (323) 567-1439
10044 Compton Avenue
Los Angeles, CA 90002
Meal Time: 11:30 AM

Watts Recreation Senior Center ................................................................. Ph: (323) 564-9440
1657 E. Century Blvd.
Los Angeles, CA 90002
Meal Time: 11:30 AM
PEOPLE COORDINATED SERVICES (PCS) - SOUTHWESTERN
MULTI PURPOSE SENIOR CENTER
MPC Director: Tamitra Clark
5133 S. Crenshaw Blvd.
Los Angeles, CA 90043
Ph: (323) 294-5226
Fax: (323) 294-9831
Nutrition Director: Valerie Evans
Ph: (323) 294-5226

DINING CENTERS:

Baldwin Villa
3939 Marlton Avenue
Los Angeles, CA 90008
Meal Time: 11:00 AM
Ph: (323) 298-0400

Jim Gilliam Senior Center
4000 S. La Brea Avenue
Los Angeles, CA 90008
Meal Time: 11:00 AM
Ph: (323) 291-5928

PCS Southwestern MPC
5133 S. Crenshaw Blvd.
Los Angeles, CA 90043
Meal Time: 11:00 AM
Ph: (323) 294-5226

St. Mark’s United Methodist Church
8305 S. Gramercy Place
Los Angeles, CA 90047
Meal Time: 11:00 AM
Ph: (323) 294-3535

Venice Japanese Center
12448 Braddock Drive
Los Angeles, CA 90066
Meal Time: 11:00 AM
Ph: (310) 822-8885

Westchester Senior Center
8740 Lincoln Blvd.
Los Angeles, CA 90045
Meal Time: 11:00 AM
Ph: (310) 649-3317
WILMINGTON JAYCEES FOUNDATION, INC............................................... Ph: (310) 518-4533
MPC Director: Gary L. Kern Fax: (310) 518-9912
1371 Eubank Avenue (Banning Park)
Wilmington, CA 90744

Nutrition Director: Patricia Bautista.......................................................... Ph: (310) 513-6559
121 W. “E” Street Fax: (310) 518-9912
Wilmington, CA 90744

DINING CENTERS:

Amvets Nutrition Site ........................................................................ Ph: (310) 513-6559
121 W. “E” Street
Wilmington, CA 90744
Meal Time: 11:30 AM

Anderson Memorial Center ................................................................. Ph: (310) 832-6260
828 S. Mesa Street
San Pedro, CA 90731
Meal Time: 11:30 AM

Normandale Recreation Center ............................................................ Ph: (310) 748-7146
22400 Halldale Avenue
San Pedro, CA 90731
Meal Time: 9:30 AM – 1:30 PM

Rancho San Pedro ............................................................................. Ph: (310) 732-0678
202 W. Beacon Street
Wilmington, CA 90744
Meal Time: 12:00 PM

San Pedro Service Center ................................................................. Ph: (310) 519-6091
769 W. Third Street
San Pedro, CA 90731
Meal Time: 11:30 AM

Wilmington MPC ............................................................................. Ph: (310) 518-4533
1371 Eubank Avenue (Banning Park)
Wilmington, CA 90744
Meal Time: 12:00 PM
Ahmanson Senior Citizen Center ................................................. (213) 763-0118
3990 Bill Robertson Lane, Los Angeles, CA 90037
Hours of Operation: Monday – Friday: 9:00 AM to 5:00 PM

Anderson Senior Citizen Center ................................................. (310) 548-7596
828 S. Mesa Street, San Pedro, CA 90731
Hours of Operation: Monday – Friday: 8:30 AM to 4:00 PM

Betty Hill Senior Citizen Center ................................................. (323) 733-1946
3570 S. Denker Avenue, Los Angeles, CA 90018
Hours of Operation: Monday – Friday: 11:00 AM to 3:00 PM

Boyle Heights Senior Citizen Center ............................................ (323) 264-5757
2839 East Third Street, Los Angeles, CA 90023
Hours of Operation: Monday – Friday: 8:30 AM to 4:00 PM

Canoga Park Senior Citizen Center ............................................ (818) 340-2633
7326 Jordan Avenue, Canoga Park, CA 91303
Hours of Operation: Monday – Friday: 8:30 AM to 4:30 PM

Claude Pepper Senior Citizen Center ......................................... (310) 559-9677
1762 S. La Cienega Blvd., Los Angeles, CA 90035
Hours of Operation: Monday – Friday: 9:00 AM to 5:00 PM

Costello Senior Citizen Center ................................................ (213) 485-9143
3121 E. Olympic Blvd., Los Angeles, CA 90023
Hours of Operation: Monday – Friday: 9:00 AM to 5:00 PM

El Sereno Senior Citizen Center ............................................... (323) 222-2040
4818 Klamath Place, Los Angeles, CA 90032
Hours of Operation: Monday – Friday: 8:00 AM to 4:30 PM

Fairfax Senior Citizen Center .................................................. (323) 653-1824
7929 Melrose Avenue, Los Angeles, CA 90046
Hours of Operation: Monday – Friday: 8:30 AM to 4:00 PM, Saturday: 1:00 PM to 4:00 PM

Felicia Mahood Multipurpose Center ......................................... (310) 479-4119
11338 Santa Monica Blvd., Los Angeles, CA 90025
Hours of Operation: Monday – Friday: 8:30 AM to 4:30 PM

Glassell Senior Citizen Center .................................................. (323) 550-8809
3750 Verdugo Rd., Los Angeles, CA 90065
Hours of Operation: Monday – Friday: 9:00 AM to 5:00 PM

Griffith Park Adult Community Center .................................... (323) 664-5579
3203 Riverside Dr., Los Angeles, CA 90027
Hours of Operation: Monday – Friday: 8:30 AM to 4:30 PM

Highland Park Adult Senior Citizen Center ............................... (323) 256-6866
6152 N. Figueroa St., Los Angeles, CA 90042
Hours of Operation: Monday – Friday: 8:00 AM to 5:00 PM

Jim Gilliam Senior Citizen Center ............................................. (323) 291-5969
4000 S. La Brea Avenue, Los Angeles, CA 90008
Hours of Operation: Monday – Friday: 9:00 AM to 5:00 PM

Las Palmas Senior Citizen Center ............................................. (323) 465-7787
1820 Las Palmas Avenue, Los Angeles, CA 90028
Hours of Operation: Monday – Friday: 8:00 AM to 4:30 PM

Lincoln Heights Senior Citizen Center ...................................... (323) 225-9339
2323 Workman Street, Los Angeles, CA 90031
Hours of Operation: Monday – Friday: 8:00 AM to 4:30 PM
Lincoln Park Senior Citizen Center .................................................. (323) 847-1726
3501 Valley Blvd., Los Angeles, CA 90031
Hours of Operation: Monday – Friday: 9:00 AM to 10:00 PM; Saturday – Sunday: 10:00 AM to 5:00 PM

Mid-Valley Senior Citizen Center ............................................... (818) 893-3700
8801 Kester Avenue, Panorama City, CA 91402
Hours of Operation: Monday – Friday, 8:30 AM to 4:00 PM

Montecito Heights Senior Citizen Center ................................. (213) 485-8549
4545 Homer Street, Los Angeles, CA 90031
Hours of Operation: Monday – Friday: 8:30 AM to 5:00 PM; Saturday: 10:00 AM to 2:00 PM

North Hollywood Senior Citizen Center .............................. (818) 763-7651
5301 Tujunga Avenue, North Hollywood, CA 91601
Hours of Operation: Call for hours

Pan Pacific Senior Citizen Center ............................................... (323) 935-5705
141 S. Gardner Avenue, Los Angeles, CA 90036
Hours of Operation: Monday – Friday: 8:00 AM to 4:30 PM

Robert M. Wilkinson Multipurpose Senior Citizen Center ............... (818) 756-7741
8956 Vanalden Avenue, Northridge, CA 91324
Hours of Operation: Monday – Friday: 8:30 AM to 4:30 PM

Sherman Oaks/East Valley Adult Center ............................... (323) 222-2040
5056 Van Nuys Blvd., Sherman Oaks, CA 91423
Hours of Operation: Monday – Friday: 9:00 AM to 9:00 PM; Saturday: 9:00 AM to 5:00 PM;
Sunday: 9:00 AM to 4:00 PM

Slauson Senior Citizen Center .................................................. (323) 846-5392
5306 S. Compton, Los Angeles, CA 90011
Hours of Operation: Monday – Friday: 8:00 AM to 4:30 PM

Sunland Senior Citizen Center .................................................. (818) 353-9571
8640 Fenwick St., Sunland, CA 91040
Hours of Operation: Monday – Friday: 9:00 AM to 5:00 PM

Van Nuys Multipurpose Senior Citizen Center .......................... (818) 781-1101
6514 Sylmar Avenue, Van Nuys, CA 91401
Hours of Operation: Monday – Friday: 9:00 AM to 5:00 PM

Vineyard Senior Citizen Center .................................................. (323) 732-2469
2942 Vineyard Avenue, Los Angeles, CA 90016
Hours of Operation: Monday – Friday: 9:00 AM to 3:00 PM

Watts Senior Citizen Center .................................................. (323) 564-9440
1657 E. Century Blvd., Los Angeles, CA 90022
Hours of Operation: Monday – Friday: 8:00 AM to 5:00 PM; 2nd & 4th Saturday: 11:00 AM to 4:00 PM

Westchester Senior Citizen Center ........................................... (310) 649-3317
8740 Lincoln Blvd., Los Angeles, CA 90045
Hours of Operation: Monday – Friday: 9:00 AM to 5:00 PM

Westminster Senior Citizen Center ......................................... (310) 392-5566
1234 Pacific Avenue, Venice, CA 90291
Hours of Operation: Monday – Friday: 9:00 AM to 4:00 PM

Wilmington Senior Citizen Center ........................................... (310) 518-4533
1371 Eubank Avenue, Wilmington, CA 90744
Hours of Operation: Monday – Friday, 8:00 AM to 4:30 PM
California Senior Legislature..............................................................(800) 510-2020

Is an elected group representing older adults in the State of California. Elections are held every two years in even number years. There are 80 Senior Assembly persons and 40 Senior Senators for the state of California. The City of Los Angeles is PSA 25. Two Senior Senators who are at-large and nine Senior Assembly persons who are elected by districts represent the City. The Senior Legislature promotes legislation to improve the lives of seniors in California. Each October, all of the Senior Legislators from California meet for their annual session in Sacramento for four days. If you are interested in this organization, please contact the number listed and ask for the CSL staff Liaison.

Community Services

Non-Emergency City Information..........................................................311
AARP .................................................................................................(213) 380-1800
Center for Health Care Right ............................................................(800) 824-0780
Elder Abuse.................................................................(800) 992-1660
Elder Care Locator .............................................................(800) 677-1116
Food Bank ......................................................................................(323) 234-3030
Health Insurance Counseling Advocacy Program (HICAP) .............(800) 824-0780
Health Maintenance Organization (HMO) Complaint ......................(800) 400-0815
Housing Authority ........................................................................(213) 252-2500
Housing Department........................................................................(800) 994-4444
Info-Line ........................................................................................(800) 339-6993
Jewish Family Services ....................................................................(323) 937-5930
Los Angeles Department of Disability ............................................(213) 485-6334
Ombudsman ...................................................................................(800) 334-9473
Referral Clinic Los Angeles County ................................................(213) 250-8055
Section 8 .........................................................................................(213) 252-2500
Senior Friendship Line ....................................................................(800) 971-0016
Social Security ................................................................................(800) 772-1213
Suicide Prevention ..........................................................................(310) 391-1253

Consumer Complaints

Attorney General’s Office ...................................................................(800) 952-5225
California Bar Association ...............................................................(800) 843-9053
California Contractor State License Board .....................................(800) 321-2752
California State Consumer Affairs ....................................................(800) 344-9940
Department of Consumer Affairs: Auto Repair .........................(800) 952-5210
Dispute Settlement Service ............................................................(213) 974-1452
Insurance Companies ......................................................................(213) 897-8921
Los Angeles City Attorney Consumer Protection .......................(213) 978-8070
Los Angeles County Consumer Affairs ..........................................(213) 974-1452
Medicare Board Complaint Unit ....................................................(800) 633-2322
Real Estate .......................................................................................(213) 620-2072
Safety ..............................................................................................(800) 638-2772
Small Claims Court .........................................................................(213) 974-9759
U.S. Consumer Product ...................................................................(213) 251-7464

Council on Aging.................................................................(213) 482-7252

The City of Los Angeles Council on Aging is composed of a group of residents of the City of Los Angeles who reside in the City and are interested in advocating for the City’s seniors. The Council on Aging is a volunteer group that advises the Department of Aging (AAA) on all matters relating to the preparation and implementation of the City’s Planning and Service Area Plan, and may act as an advocacy body for older persons. The Council on Aging actively seeks new members from all 15 Council Districts in the City of Los Angeles. If you are interested in becoming a member or need additional information, please call the staff liaison to request an application.
County of Los Angeles Community & Senior Services ...........................................(213) 738-4004

County of Los Angeles Multipurpose Senior Centers
Burbank ................................................................................................................. (818) 238-5353
Glendale ................................................................................................................. (818) 548-3775
Culver City .............................................................................................................. (310) 253-6700
Inglewood .............................................................................................................. (310) 412-5338
Long Beach ............................................................................................................ (562) 570-3500
Pasadena .............................................................................................................. (626) 795-4331
Japanese Community Pioneer Center ................................................................ (310) 680-1656
Gardena .............................................................................................................. (310) 217-9552

County Medical Centers
Edward R. Roybal Health Center ........................................................................ (310) 668-5011
H. Claude Hudson Health Center ........................................................................ (213) 744-3945
Health Services Information ................................................................................ (800) 427-8700
Hollywood/Wilshire Health Center ..................................................................... (323) 769-7800
Hubert H. Humphrey Adult Clinic ....................................................................... (323) 846-4220
Hubert H. Humphrey Health Center ................................................................... (323) 846-4312
LAC/USC Medical Center ..................................................................................... (323) 226-2622
Martin Luther King/Appt. Clinic .......................................................................... (310) 668-5011
Medical Center ................................................................................................... (310) 668-4321
Ruth Temple Health Center ................................................................................. (310) 730-3502

Crime Victims (Resources for)
Child Abuse .......................................................................................................... (800) 540-4000
City Attorney ........................................................................................................ (213) 485-6370
Public Defender’s Office ....................................................................................... (213) 974-2811
Public Guardian .................................................................................................... (213) 974-0515
Victim-Witness Assistance Program ................................................................... (213) 485-6976

Department of Public Social Services (DPSS)
East Los Angeles Office ........................................................................................ (323) 727-4542
East Valley Office ................................................................................................ (818) 901-4120
Lincoln Heights Office ......................................................................................... (323) 342-8159
Metro Family ....................................................................................................... (213) 744-6624
West Los Angeles Office (Olympic) ..................................................................... (310) 312 5251
West Los Angeles Office (Pico) ............................................................................ (310) 481-4018

Disease Prevention and Health Promotion Services
Wellness Club
The Wellness Club is designed to provide disease prevention and health promotion programs for seniors, which enhance the quality of life in a variety of community settings. Services are provided as follows:

Partners-In-Care Foundation ............................................................................... (818) 837-3775, Ext. 110
Web: www.picf.org

Physicians in various medical specialties provide free health screenings, examinations, follow-ups, and necessary referrals to seniors at various sites throughout the City of Los Angeles.
Elder Abuse

Elder Abuse can take many forms. It can be outright physical abuse, or it can take on other forms, such as, neglect, financial abuse, verbal abuse, and forced isolation. To report immediate physical danger, please call 9-1-1. Suspected elder abuse cases in private homes and in nursing homes are handled exclusively by the County of Los Angeles.

Adult Protective Services (APS) .......................................................... Ph: (213) 351-5401
Elder Abuse Hotline (open 24 hours) ........................................ Ph: (800) 992-1660
   Investigates reports of abuse in the home.
Elder Abuse Community Education ........................................ Ph: (310) 394-9871
   This program increases public awareness and provides the resources necessary to prevent elder abuse by education both the elders and caregivers.
Long-Term Ombudsman Program & Elderly Abuse
   Investigates reports of abuse in long-term care facilities, such as a skilled nursing home.
   Wise & Healthy Aging
   1527 4th St., 2nd Floor
   Santa Monica, CA 90401
   Ph: (800) 334-9473

Emergency Alert Response System (EARS)

The Emergency Alert Response System (EARS) program promotes security and independence of elderly persons by providing telecommunication equipment that will permit them to remain in their home and delay costly institutionalization.

The EARS program targets residents of the City who are at least 62 years of age, frail, medically needy, home-bound, live alone and meet federal income guidelines. The program is a cooperative effort with the Care Management program in each of the Multipurpose Senior Centers (MPCs).

Persons interested in obtaining this service should contact their nearest MPC. To look for the nearest MPC, go to page 4, look for the senior’s ZIP Code, and go to the corresponding page.

Emergency Help

Life-Threatening Emergency .......................................................... 9-1-1
American Red Cross ................................................................. (213) 739-5200
Catholic Charities ................................................................. (213) 251-3400
Community Actively Living Independent and Free ....................... (213) 627-0477
Elder Abuse Hotline ................................................................. (800) 992-1660
First AME Church ...................................................................... (323) 735-1251
Jewish Free Loan ....................................................................... (323) 761-8830
Salvation Army .......................................................................... (213) 480-0714
St. Vincent De Paul ..................................................................... (323) 224-6287
United Way .................................................................................. (213) 808-6220
Weingard Center ........................................................................ (213) 627-5302

Health Insurance Information

Presentations related to Medicare are provided to older adults for free. Topics include Health Maintenance Organizations (HMOs) and obtaining preventive health services from Federally Qualified Health Centers (FQHCs).

Health Insurance Counseling & Advocacy Program (HICAP) .... Ph: (213) 383-4519
Center for Health Care Rights .................................................. Ph: (800) 824-0780
520 S. La Fayette Park Place, Suite 214 Fax: (213) 383-4598
Los Angeles, CA 90057
Information & Assistance (I&A)

The Department of Aging provides telephone Information & Assistance services to seniors and caregivers requesting information about available community resources and/or referrals to particular service programs or agencies. For information and/or referral, call this toll free number: (800) 510-2020 or (213) 482-7252

Information & Assistance (I&A) - Multilingual

The Department of Aging provides support in Spanish and Korean. For further assistance, call Multilingual Information & Assistance specialists, who are available to serve the Latino, Korean, Vietnamese, and Filipino communities, and provide services in several languages for seniors in the City of Los Angeles. There are various sites throughout the City to assist seniors.

Mexican American Opportunity Foundation (MAOF) .............................. Ph: (323) 526-9344
Senior Hispanic Information & Assistance Services (SHIAS)......................Fax: (323) 890-1648
(asistencia en Español)
Project Director: Elizabeth Jimenez

Little Tokyo Service Center (A Community Development Corporation)......... Ph: (213) 473-3030
Senior Asian Information & Assistance Services........................................ Fax: (213) 473-3031
231 E. Third St., Suite G-106
Los Angeles, CA 90013

Legal Services and Dispute Resolution Program

Bet Tzedek - Citywide legal services available to assist seniors in various legal issues, including: public entitlement, housing-related laws, legal aid, landlord/tenant disputes, government benefits, health law consumer protection, nursing home law, power of attorney and other health issues.

Bet Tzedek Legal Services........................................................................ Ph: (323) 939-0506
3250 Wilshire Blvd. 13th Floor Fax: (323) 549-5880
Los Angeles, CA 90010

The Dispute Resolution Program of the Office of the Los Angeles City Attorney was established in 1989 to provide the Los Angeles Community easily assessable, informal, confidential and free methods of resolving conflict.

Dispute Resolution is a term used to describe a variety of options for dealing with disputes; this includes the option of Alternative Dispute Resolution (ADR) which typically refers to a method of resolving disputes by means not associated with formal litigation (court), such as mediation, facilitation and conciliation.

The Dispute Resolution Program mediates all types of civil disputes including:

- Landlord/Tenant
- Neighbor/Neighbor
- Consumer/Merchant
- Community related

Dispute Resolution Program........................................................................ Ph: (213) 978-1880
Los Angeles City Attorney’s Office Fax: (213) 978-8714
200 N. Spring Hill St., 23rd Floor
Los Angeles, CA 90012
Older Adult Services and Information Systems (OASIS)

This is a recreational program for seniors located in non-traditional settings such as department stores, colleges, retirement homes, and landmarks. This program is based on an educational, cultural arts, and informational model. Macy’s Stores, Department of Aging, and the community agencies listed below work together to offer a variety of activities at these locations.

Macy’s Store at Baldwin Hills .................................................(323) 291-3414
4005 Crenshaw Boulevard
Los Angeles, CA 90008

Jewish Family Services of Los Angeles (JFSLA) .......................................(323) 937-5900
Freda Mohr Multipurpose Senior Center (MPC)
330 N. Fairfax Avenue
Los Angeles, CA 90036

Senior Employment Training Program (Title V)

The Department’s Senior Employment Training Program provides part-time on-the-job training for seniors. Eligible persons are City of Los Angeles residents, 55 years or older, and whose income falls within federal low-income guidelines.

The goal of the program is unsubsidized employment for older workers. Seniors are placed either in a classroom training program or assigned to a community-based agency. While in this supportive environment, the senior acquires new career skills or builds on existing ones while earning a wage. The program offers seniors assistance with job referrals during the job search period of transitioning to unsubsidized employment.

For further information about this program, please call (800) 510-2010, Monday through Friday, between 8:00 a.m. to 4:00 p.m.

To complete an application and/or be placed on the waiting list, you may visit any of the following Title V offices:

City of Los Angeles Department of Aging .................................................(800) 510-2020
221 N. Figueroa St., Suite 500
Los Angeles, CA 90012

Canoga Park-West Hills One-Stop .......................................................(818) 596-4128
Lead Agency: Arbor Education and Training
21010 Vanowen Street, Suite 140
Canoga Park, CA 91303
Adults, Youth Displaced and Older Workers
RESOURCES (Cont.)

SunValley Worksource .......................................................... (818) 504-0334
Lead Agency: El Proyecto Del Barrio
9024 Laurel Canyon Blvd.
Sun Valley, CA 91352

Chatsworth-Northridge Worksource .................................. (818) 701-9800
Lead Agency: BUILD Rehabilitation Industries
9207 Eton Avenue
Chatsworth, CA 91311
Adults, Displaced Workers, Persons with Disabilities

Southeast Los Angeles Crenshaw: WorkSource Center ........... (323) 730-7900
Lead Agency: Center United Auto Worker Labor Employment and Training Corp. (UAW-LETC)
3965 S. Vermont Avenue
Los Angeles, CA 90037
Social Security
General Office ................................................................. (800) 772-1213

Support Groups
AIDS/Sexually Transmitted Disease Hotline ....................... (800) 342-2437
Alzheimer’s Association ................................................... (800) 660-1993
Alzheimer’s Association-Spanish ...................................... (800) 663-5767
Alzheimer’s Caregiver Support Group ......................... (323) 937-5900
American Cancer Society ................................................. (213) 386-6102
American Lung Association ............................................. (323) 935-5864
American Heart Association ............................................ (213) 580-1408
American Red Cross ........................................................ (213) 939-5200
Arthritis Foundation ......................................................... (323) 954-5750
Breast Cancer Support Group ........................................... (310) 517-4709
Center for Healthy Aging .................................................. (310) 576-2250
Children of Aging Parents (CAPS) ................................... (800) 522-7294
Clare Family Center (AA) .................................................. (310) 314-6230
Corporate California Council of the Blind ......................... (800) 221-6359
Eating Disorder ............................................................... (818) 409-8359
Epilepsy Foundation ........................................................ (310) 670-2870
Family Stroke Support Group .......................................... (818) 502-4787
Grandparents Support Group .......................................... (310) 839-2548
Hospice Program Kaiser Home Health .................. (323) 793-7416
Los Angeles Caregiver’s Resource Center ................... (800) 540-4442
National Multiple Sclerosis Society .............................. (310) 479-4456
National Eye Care ........................................................... (800) 222-EYES
Parkinson Disease Foundation ....................................... (800) 457-6676
Stroke Association .......................................................... (310) 575-1699
Valley Trauma/Rape Support Group ............................. (818) 886-0453
RESOURCES (Cont.)

Tax Assistance
Franchise Tax Board ................................................................. (800) 852-5711
Property Tax Postponement .................................................. (800) 952-5661

(The) Tingstad Older Adult Counseling Center .................. (213) 740-3493

The program is designed to assist people 55 and over with issues or problems that may accompany the aging process, with a focus on depression, anxiety, loss, and marriage and family issues, including caregiving. TOACC is a non-profit counseling center located on the campus of the University of Southern California (USC) and is a service program of USC's Davis School of Gerontology and the Department of Psychology.

Transportation

The City of Los Angeles, through the Department of Transportation, sponsors a transportation subsidy program. This program is for the benefit of seniors 65 years or older and disabled persons of any age.

CityRide .................................................................................... (310), (323), (818), or (213) 808-RIDE (7433)

An alternative to CityRide is the personalized door-to-door transportation service for seniors 65+ and/or disabled individuals who are unable to access other modes of transportation and require personalized assistance. Clients must be a City of Los Angeles resident and be registered with CityRide. Service is provided Monday through Friday 8:30 a.m. to 4:30 p.m. Donations are suggested but not required.

Contact the nearest Multipurpose Senior Center (MPC) in the senior’s area. To look for the nearest MPC, go to page 4, look for the senior’s Zip Code, and go to the corresponding page.

Utilities

Department of Water and Power ............................................. (800) 499-4611
Southern California Gas Company ........................................ (800) 427-2200
SBC/AT&T ............................................................................... (800) 310-2355
Verizon .................................................................................... (800) 837-4966

Volunteer Opportunities

 Assistance League of Southern California ...........................(323) 469-1973
826 Cole Avenue
Los Angeles, CA 90038
www.assistanceleague.org

California Senior Legislature .................................................. (800) 510-2020

Is an elected group representing older adults in the State of California. Elections are held every two years in even number years. There are 80 Senior Assembly persons and 40 Senior Senators for the state of California. The City of Los Angeles is PSA 25. Two Senior Senators who are at-large and nine Senior Assembly persons who are elected by districts represent the City. The Senior Legislature promotes legislation to improve the lives of seniors in California. Each October, all of the Senior Legislators from California meet for their annual session in Sacramento for four days. If you are interested in this organization, please contact the number listed and ask for the CSL staff Liaison.
Volunteer Opportunities (Cont.)

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L.A. Works ......................................................................................................................(323) 224-6510
570 W. Avenue 26, Suite 400
Los Angeles, CA 90065
L.A. Works arranges projects around the City of Los Angeles, including environmental such as tree planting, school & community gardens or helping people in need.

Los Angeles Community Economic & Workforce Development Dept............(213) 744-7300
1200 W. 7th St.
Los Angeles, CA 90017
The LACDF is a non-profit organization. Their mission is to improve education, employment and the social well-being of inner-city of Los Angeles. Its goal is to revitalize depressed areas of the City.

Neighborhood Councils .................................................................................................(213) 978-1551
Neighborhood Councils promote public participation in government and make government more responsive to local needs by creating, nurturing, and supporting a citywide system of grass-roots, independent, and participatory local advisory councils.

Retired and Senior Volunteer Program (RSVP) ......................................................(323) 224-6510
570 W. Avenue 26, Suite 400
Los Angeles, CA 90065
The RSVP promotes self-esteem among people 55 years and older by enabling them to use their skills and life-time experiences to be of service to others. Senior volunteers provide such needed services as language tutors, receptionists, bookkeepers, registration, and assistance with missing children, aides in schools, hospitals, libraries, museums, day care centers, and nutrition sites in the local communities.

Volunteer Center of Los Angeles .............................................................................(818) 908-5066
Refers volunteers to community-based organizations that can use their help for the betterment of all. It is the leading volunteer-referral organization in the world.
RESOURCES (Cont.)

Websites

AARP ......................................................................................................................... www.aarp.org
AgePage .................................................................................................................. www.theagepage.typepad.com
Alzheimer’s Association .................................................................................................. www.alz.org
American Geriatric Society ......................................................................................... www.americangeriatrics.org
American Pain Society ............................................................................................... www.ampainsoc.org
American Society on Aging ........................................................................................ www.asaging.org
Bet Tzedek ................................................................................................................... www.bettzedek.org
Braille Institute ............................................................................................................. www.brailleinstitute.org
California Advocates for Nursing Home Reform .......................................................... www.canhr.org
California Department of Aging ................................................................................ www.dca.ca.gov
California Department of Consumer Affairs ................................................................. www.dca.ca.gov
Caregiver Network Inc ................................................................................................ www.caregiver.on.ca
City of Los Angeles Department of Aging ...................................................................... www.aging.lacity.org
County of Los Angeles Department of Aging ............................................................... http://dcss.co.la.ca.us/
Center for Healthy Aging .............................................................................................. www.centerforhealthyaging.org
Department of Motor Vehicles .................................................................................. www.dmv.ca.gov
Department of Veteran’s Affairs ................................................................................ www.va.gov
Department of Water and Power Los Angeles .............................................................. www.ladwp.com
Gerontological Society of America ................................................................................ www.geron.org
Housing Authority of the City of Los Angeles .............................................................. www.hacila.org
Jewish Family Services of Los Angeles ........................................................................ www.jfsla.org
LA4Seniors.com ........................................................................................................... www.la4seniors.com
Long Term Care Insurance ....................................................................................... www.longtermcare.com
Los Angeles City Department of Aging ........................................................................ www.aging.lacity.org
L.A. County Department of Aging ................................................................................ www.wdacs.lacounty.gov
Los Angeles City Department of Transportation .......................................................... www.ladot.lacity.org
Medicaid ..................................................................................................................... http://cms.hhs.gov
Medical Board of California ....................................................................................... www.mbc.ca.gov
Medicare ..................................................................................................................... www.medicare.gov
National Arthritis Foundation .................................................................................... www.arthritis.org
National Institute on Aging .......................................................................................... www.nia.nih.gov
Neighborhood Prosecutor Program ............................................................................. empowerla.org/neighborhood-prosecutors
New Lifestyles Guide to Retirement Communities ..................................................... www.newlifestyles.com
OASIS Los Angeles ...................................................................................................... www.oasisnet.org/losangeles
Osteoporosis and Related Bone Disease ..................................................................... www.bones.nih.gov/home
Senior Summer School .............................................................................................. www.seniorssummerschool.com
Social Security .............................................................................................................. www.ssa.gov
USC Leonard Davis School of Gerontology ................................................................. gero.usc.edu
WISE Senior Services .................................................................................................. www.wiseandhealthyaging.org
The VA Greater Los Angeles Healthcare System provides inpatient and outpatient care at the West Los Angeles Healthcare Center, outpatient care at Ambulatory Care Centers in Sepulveda, downtown Los Angeles, Bakersfield, Santa Barbara as well as at numerous community based outpatient clinics.

Inpatient care is available in medicine, neurology, psychiatry, rehabilitation medicine and surgery. Additional inpatient units include nursing home care and domiciliary.

**Services Offered**

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Source: www.va.gov
KOREAN AMERICAN COMMUNITY SERVICE CENTERS

Korean Resource Center (민족학교) ................................................................. Ph: (323) 937-3718  
900 S. Crenshaw Blvd.  
Los Angeles, CA 90019

The Korean Senior Citizens Association of S.F. Valley ...................................... Ph: (818) 700-0044  
(밸리 대한노인회)  
18531 Gresham Street  
Northridge, CA 91324  
Fax: (818) 700-8733

Korean American Coalition (한미연합회) ........................................................ Ph: (213) 380-6175 (213) 365-5999  
3727 W. 6th Street #305  
Los Angeles, CA 90020

Korean-American Federation of Los Angeles .................................................. Ph: (323) 732-0192  
(로스앤젤레스 한인회)  
981 S. Western Ave. #100  
Los Angeles, CA 90006

KHEIR (한인건강정보센터) ............................................................................. Ph: (213) 637-1080  
3727 W. 6th Street #230  
Los Angeles, CA 90020

LACMAF (Los Angeles Christian Mutual Assistance Foundation) .................... Ph: (323) 461-6526  
(로스앤젤레스 기독상조회)  
424 N. Western Avenue  
Los Angeles, CA 90004

Asian Pacific American Legal Center ................................................................. Ph: (800) 867-3640 (Korean)  
(아태미주법률센타) (213) 977-7500(English)  
1145 Wilshire Blvd. #2  
Los Angeles, CA 90017

Koreatown Senior and Community Services ...................................................... Ph: (213) 387-7733  
965 S. Normandie Ave., Suite #200  
Fax:(213) 387-7735  
Los Angeles, CA 90006

Korean-American Family Service Center (한인가정상담소) ............................ Ph: (213) 389-6755  
3727 W. 6th Street #320  
Los Angeles, CA 90020

Consulate General of the Republic of Korea in Los Angeles ............................ Ph: (213) 385-9300  
Employee Association (한인공무원협회 민원안내센터) Fax: (213) 385-1849  
3243 Wilshire Blvd.  
Los Angeles, CA 90010
Eric Garcetti, Mayor

City of Los Angeles Council Members
1 - Gilbert Cedillo
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14 - Jose Huizar
15 - Joe Buscaino

221 N. Figueroa St., Suite 500
Los Angeles, CA 90012
Phone: (800) 510-2020 or (213) 482-7252
TDD: (213) 473-5990
Web: www.aging.lacity.org
E-mail: age.webinfo@lacity.org
Laura Trejo, General Manager
James Don, Assistant General Manager

Hours of Operation
(Monday - Friday, 8am to 5pm)
Except Holidays

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