



UPCOMING EVENTS

March is Nutrition Awareness Month

There are many seniors and family caregivers who may feel lonely, please give them a call to say "Hello".

Thursday, March 1, 2018
10:00 AM to 11:00 AM

Los Angeles Department of Aging (LADOA)
Planning Before a Crisis Presentation
Bernardi Multi-purpose Senior Center
6514 Sylmar Ave., Van Nuys, CA 91401
For more info: (818) 781-1101

Tuesday, March 6, 2018
11:00 AM to 12:00 PM

LADOA Presentation
Harvard Yard Apartment
8702 Harvard Blvd., LA, CA 90047
For more info: (213) 482-7252

Tuesday, March 6, 2018
12:00 AM to 1:00 PM

LADOA Presentation
Emergency Alert Response System (EARS)
White Memorial Hospital
Community Information Center
1700 E. Cesar E. Chavez Ave., Suite 1100 LA, CA 90033
For more info: (323) 268-5000 x. 64876

Tuesday, March 6, 2018
12:30 AM to 1:30 PM

LADOA- Stroke Prevention Presentation
Congregation Shaarei Tefila
7269 Beverly Blvd., LA, CA 90036

Wednesday, March 7, 2018
1:00 PM to 2:00 PM

LADOA- EARS Presentation
Mission Village
4001 N. Mission Rd., LA, CA 90032
For more info: vacosta@lifestepsusa.org

**Thursday, March 8, 2018
9:00 AM to 4:00 PM**

**LADOA Presentation
Estelle Van Meter MPC Grand Opening
7600 S. Avalon Blvd., LA, CA 90003
For more info: (323) 563-5639**

**Tuesday, March 13, 2018
12:00 PM to 1:00 PM**

**LADOA- Senior & Family Caregiver Presentation
West Angeles Cathedral (Church of God In Christ)
3405 Crenshaw Blvd., LA, CA 90016
For more info: (205) 616-3257**

**Wednesday, March 14, 2018
11:00 AM to 12:00 PM**

**LADOA Presentation
VA Outpatient Clinic Event
Ambulatory Care Center
351 E. Temple St., LA CA 90012
For more info: (213) 253-2677**

**Wednesday, March 14, 2018
2:00 PM to 3:00 PM**

**LADOA- Senior & Family Caregiver Presentation
Clark Terrace Senior Apartments
1156 S. Clark Dr., LA, CA 90035
For more info: (310) 859-8655**

**Thursday, March 15, 2018
11:00 AM to 12:00 PM**

**LADOA- EARS Presentation
State Street Recreation Center
716 N. State St., LA, CA 90033
For more info: (213) 847-2790**

**Thursday, March 15, 2018
10:00 AM to 11:00 AM**

**LADOA- Legal Issues Presentation
Venice Japanese Community Center
12448 Braddock Dr., LA, CA 90066
For more info: (310) 890-1732**

**Saturday, March 17, 2018
10:00 AM to 2:00 PM**

**4th Annual Community Appreciation Day-
Cesar Chavez Day in South LA
Alaine Leroy Locke High School
325 E. 111th St., LA, CA 90061**

**Wednesday, March 21, 2018
11:00 AM to 12:00 PM**

**LADOA- EARS Presentation
Camino Al Oro
330 W. Ave. 26, LA, CA 90031
For more info: vacosta@lifestepsusa.org**

**Thursday, March 22, 2018
12:00 PM to 1:00 PM**

**LADOA- EARS Presentation
Broadway Villas
9413 S. Spring St., LA, CA 90003
For more info: vacosta@lifestepsusa.org**

**Thursday, March 22, 2018
1:00 PM to 2:00 PM**

**LADOA Presentation
Independent Square Senior Apt.
2455 S St Andrew Place St., LA, CA 90018
For more info: (323) 730-2920**

**Tuesday, March 27, 2018
3:00 PM to 4:00 PM**

**LADOA- EARS Presentation
Echo Park Senior Center
1021 N. Alvarado St., LA, CA 90026
For more info: (213) 413-0508**

Los Angeles Department of Aging Information Specialist is available Monday through Friday to attend Community events. If you would like to request a presentation, please e-mail me at helen.k.lee@lacity.org.

For more information, please call the Los Angeles Department of Aging at: (213) 482-7252 or 800-510-2020 or visit our website at www.aging.lacity.org

As a covered entity under Title II of the Americans with Disabilities Act, the City of Los Angeles does not discriminate on the basis of disability and, upon request, will provide reasonable accommodation to ensure equal access to its programs, services and activities.