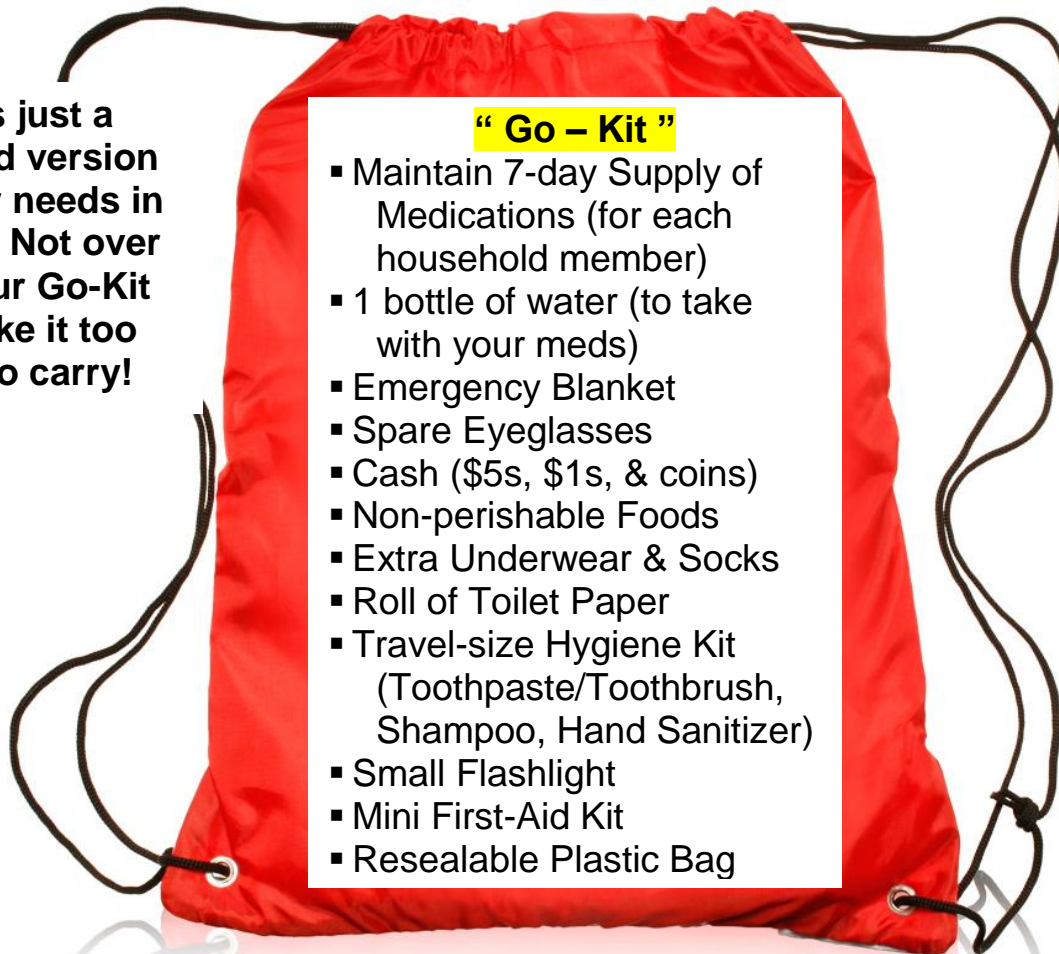


“Go – Kit” & Emergency Preparedness

We Can't Predict Them . . . We Can't Prevent Them . . .
We Can Only Prepare for Them!

This is just a simplified version with your needs in mind. Do Not over pack your Go-Kit and make it too heavy to carry!



“ Go – Kit ”

- Maintain 7-day Supply of Medications (for each household member)
- 1 bottle of water (to take with your meds)
- Emergency Blanket
- Spare Eyeglasses
- Cash (\$5s, \$1s, & coins)
- Non-perishable Foods
- Extra Underwear & Socks
- Roll of Toilet Paper
- Travel-size Hygiene Kit (Toothpaste/Toothbrush, Shampoo, Hand Sanitizer)
- Small Flashlight
- Mini First-Aid Kit
- Resealable Plastic Bag

Resealable Plastic Bag

- Take **Copies** of Important Documents: Passport, Permanent Resident Card, I.D. card, Social Security card, Veteran's document, Insurance Policies, etc.
- File of Life (List of your medications by name & dosage, list emergency contacts)
- Photos of family members/pets
- Optional: Usb Memory Stick

General Reminders:

- Discuss emergency plans with family and/or friends
- Put your name on your Go-Kit
- Put your Go-Kit in an easy place to find
- Refresh your kit for items that expire
- Know how to switch off **gas** valve, electricity & water
- Have in-state and out-of-state emergency contacts
- Hold emergency drills
- Use sturdy shoes
- Cooperate with public safety efforts
- If you leave home, leave a note indicating where you went

Call **9-1-1** when there is a **Life or Death Emergency** that requires the immediate response of emergency services from Police, Fire or Paramedic.

Disaster Contact Numbers	
All Non-Emergency Calls – City of L.A. Only	3-1-1
City of L.A. Emergency Management Department offers information on disaster preparedness to the public	(213) 484-4800
Federal Emergency Management Agency	(800) 480-2520
L.A. Department of Water and Power	(800) 342-5397
Southern California Gas Company	(800) 427-2200
TTY Service – Telecommunications Device for the Deaf	(213) 847-0652
National Organization on Disability	(202) 293-5960 TTY (202) 293-5968

Resources And Supplies	
American Red Cross	www.redcross.org
City of L.A. Emergency Management Department	www.emergency.lacity.org
Federal Emergency Management Agency (FEMA)	www.fema.gov
Governor’s Office of Emergency Services	www.oes.ca.gov
L.A. County Department of Water and Power	www.loadwp.com
National Organization on Disability	www.nod.org
City of L.A. Department of Aging	www.aging.lacity.org
	www.preparedness.com
	www.emprep.com
	www.survivaloutpost.com
	www.emergency.lacity.org
	www.prepare.org
	www.readyla.org
	www.ci.la.ca.us/lafd/eqbook.pdf
	www.72hours.org