



Partnership in Older Adult and Family Caregiver Services in the City and County of Los Angeles

The City and County of Los Angeles are committed to advocating for, and improving the quality of life, health, independence and dignity of older adults and family caregivers, through community-based programs that are comprehensive, coordinated and accessible.

2/27/13



Partnership in Older Adult and Family Caregiver Services

Information and Assistance

1 (800) 510-2020

Information and Assistance provides older adults and family caregivers with information about available community resources and/or referrals to services, programs and agencies.

Information and Assistance staff will direct callers to the appropriate agency for services, and follow up to ensure that they have received the appropriate help.

Multilingual specialists speak Spanish, Korean, Tagalog, Chinese and Vietnamese.

Additionally, our InfoVans travel throughout the City and County of Los Angeles, attending events and providing public information about the services available.

Multipurpose Senior Centers

Centers throughout the City and County of Los Angeles provide a wide range of social and supportive services, and act as focal points for the coordination and delivery of older adult and family caregiver services in the community.



Nutrition Services

Congregate Meals are designed to maintain or improve the physical and social well-being on older adults, through appropriate nutrition services in community settings.

Home-Delivered Meals are provided to maintain or improve the physical and social well-being of homebound older adults.

Nutrition Health Assessment is performed by registered dietitians, who administer nutrition screenings, counseling and intervention services at congregate meal sites or the homes of older adults who are at high risk of nutrition-related health problems.

In-Home Supportive Services (IHSS)

IHSS helps eligible older adults to pay for caregiver services, to assist them to remain safely in their own homes. Services may include personal care, household chores and accompaniment to medical appointments.



Care Management

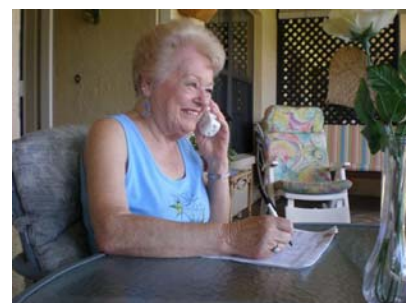
Care management services are available to eligible older adults to assist them to remain living independently by the access to, and coordination of, community-based services.

Home Safety Modifications

Qualifying older adults can receive minor home modifications, such as grab bars, replacement locks and sensor activated lights, to assist them to remain safely in their own home.

Telephone Reassurance

Homebound older adults receive phone calls from staff and volunteers, to provide them with telephone reassurance.



Senior Community Service Employment Program (SCSEP)

SCSEP, also known as Title V, provides and promotes training opportunities for older adults, who wish to learn new and marketable skills, are re-entering the workplace, or entering it for the first time. Participants are also assisted in the transition to permanent employment.

Legal Assistance

Provides legal information, advice and representation to older adults and family caregivers, for matters including government benefits, landlord/tenant issues, power of attorney and nursing home law.

Geriatric Evaluation Networks Encompassing Services, Information and Support (GENESIS)

GENESIS provides mobile health screenings and mental health services to frail, homebound disabled adults and older adults.

Transportation

Access Services is a door-to-door transportation program for older adults and disabled persons who are residents of the City or County of Los Angeles.

CityRide is a curb-to-curb program that provides transportation to older adults and disabled persons residing in the City of Los Angeles.

Health Insurance Counseling and Advocacy (HICAP)

HICAP provides multilingual counseling, advocacy and assistance to Medicare beneficiaries and public education about Medicare, private health insurance, and related healthcare coverage plans.

Adult Protective Services (APS)

APS investigates situations involving older adults, aged 65+, and dependent adults, aged 18-64, who are reported to be endangered by physical, sexual, emotional or financial abuse, abandonment, isolation, abduction, neglect or self-neglect. APS can be contacted at (877) 477-3646.

Long-Term Care Ombudsman Program

The primary responsibility of the program is to investigate and attempt to resolve complaints made by, or on behalf of, individual residents in long-term care facilities, such as skilled nursing facilities, assisted living and group homes.

**For more information about these services and others, contact your local Area Agency on Aging at:
1 (800) 510-2020**

Family Caregiver Support Programs

A family caregiver is a family member, friend or neighbor who provides unpaid care and support to an older adult who may be chronically ill or frail. There are a number of support systems that are available to family caregivers throughout the City and County of Los Angeles. These include:

Respite Care and Support Groups

Respite care provides occasional relief to unpaid family caregivers. Support groups are made up of members experiencing similar challenges, who provide each other with help and encouragement.

Community Based Adult Services formerly known as Adult Day Health Care or Adult Day Care Programs

Adult day programs are centers in the community that provide day care for seniors. To find your nearest adult day program, call 1 (800) 510-2020.

Legal Services

Legal services are available to family caregivers to assist with legal issues and advocate for supportive services.

Caregiver Training

Training classes to provide family caregivers with tools to increase their confidence and ability as caregivers are held throughout the City and County. For more information about available classes call your local Area Agency on Aging at 1 (800)-510-2020.



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Watch our informative and entertaining television show, *Aging in L.A.* on:

LA Cityview Channel 35
Tuesdays, 1.30 p.m.
Thursdays, 8.30 p.m.
Saturdays, 6.30 a.m. on PAX LA/ION

Available for online viewing on demand at:
www.lacityview.org



Partnership in Older Adult and Family Caregiver Services

Information and Assistance

1 (800) 510-2020

www.losangeles.networkofcare.org

For information and assistance on all services provided by the City dial 3-1-1

For information and assistance on all services provided by the County dial 2-1-1

As a covered entity under Title II of the Americans with Disabilities Act, the City and County of Los Angeles do not discriminate on the basis of disability and, upon request, will provide reasonable accommodation to ensure equal access to programs, services and activities.

Programs and Services provided by the City of Los Angeles Department of Aging and Community and Senior Services of Los Angeles County are funded by the Older Americans Act.